



Inclement Weather and Outdoor Recess Practice Parent Information

- **At St. Lorenzo Ruiz, students will go outside if temperatures are warmer than -25 degrees using the wind chill temperature from Environment Canada. They will go outside for at least part of the recess. In conjunction with Environment Canada Wind Chill Chart, we will determine if a shortened (20 min.) noon hour recess is needed.**

GOAL:

- We want our students to have the opportunity to play safely outside and come inside better prepared to learn on as many days as possible while always keeping safety in mind.
- A reasonable outdoor recess practice would have the objective of maximizing outdoor play time for students while avoiding the potential for frostbite. Increasing the exposure to outdoor play time should also maximize learning potential while minimizing behavioral issues. The objective would not be to avoid the children from feeling cold.

[Environment Canada Weather](#)

[Environment Canada Wind Chill Chart](#)